# YOUR GUIDE TO FOOD @ MIT

Brought to you by the Food Security Action Team Last updated: August 2022



#### **FOOD MAP**

Want to know where food places are on campus or what grocery stores and restaurants are nearby? Check out this QR code for a map of nearby locations!

Most locations are close so grab your own reusable bag and get outside to help you stay active and cut down on waste!



### **FOOD SECURITY &** FINANCIAL RESOURCES

No matter who you are; not being able to access enough food to sustain an active healthy lifestyle or worrying about finances are issues that many students face. These resources may be able to help students who are struggling with finances or accessing enough food.



Did you know students can donate their quest meal swipes to other students? Use the QR code to find out how you can donate!



#### **LATE NIGHT**

Missed dinner? No worries! Stop by Maseeh or Simmons for late night dining. Check out the late night section on the dining website for hours info.



#### **NEED THE LINK?**

All linked resources can be found at https://linktr.ee/food.at.mit

#### **MIT DINING**

For all info on meal plans, dining halls, and hours of operation, be sure to stop by dining.mit.edu.



#### DAILY TABLE

A local nonprofit community grocery store that provides affordable, nutritious food, offers free delivery, and accepts SNAP. Located in Central Square near campus.

## **FARMERS MARKET**



Support local farmers and pick up seasonal produce at the Central Square Farmers Market, running Mondays until November. Check out their website on our linktree for more info.

#### **GROCERY SHUTTLE**

MIT offers a shuttle service to local grocery stores. See the MIT Facilities website in our linktree for more info.



#### FOOD WAST

Learn how to dispose of food waste and recycle food delivery containers with Waste Watchers' handy flyer at the OR code to the left.



